

Fresh Fruit Smoothies - Cúrachá Torthaí Úra

A fantastic, healthy start to the day or as a caffeine-free replacement for lunch. All our smoothies are made with the finest ingredients and contain fresh O.J and natural yogurt.

Choose from one of the following...

Summer Fruits

Strawberry, Banana & Orange €3.95

Tropical fruits

Pineapple, Mango, Green Melon, Papaya and Passion Fruit €3.95

Mixed Berry

Strawberry, blueberry, blackberry, red & blackcurrant mixed with O.J & frozen yoghurt. €3.95

All our smoothies are made to order and served in take-away containers. Ingredients may contain nut traces.

Selection of Coffees and Herbal Teas - Roghanna Caifí agus Taenna Luibhe

Coffees

Cappuccino
Café Latte
Mocha
Americano
Espresso
Doppio
Macchiato

Teas

Chinese Green Tea
Earl Grey
Cammomile
Wild Berry
Apricot Blossom Green Tea
Apple Spice
Peppermint, Lemon Zest

Lunch Time Special - Lón Speisialta

Sparkling Mineral Water 250ml €1.50
Sparkling Mineral Water 750ml €3.00
Still Mineral Water 250ml €1.50
Still Mineral Water 250ml €3.00

Planning a Party or Event?

If so, why not come and talk to us at Tom Sheridans. Whether it's a party to celebrate a birthday, engagement, graduation, etc, Tom Sheridans has something to offer. We cater for small or large groups including events such as table quizzes, charity functions etc. For further information please contact the Manager at Tom Sheridans and let us organise your special event.



Clybaun Road, Knocknacarra, Galway, Ireland.
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TOM SHERIDANS
SELECT BARS • LOUNGE • RESTAURANT

LUNCH MENU

SERVED 12.00 NOON - 4.30PM DAILY

Breakfast - Bricfeasta

(Served from 9.30 to 12 noon Mon - Sat)

The Sheridan... two eggs, 2 bacon, sausages, black and white pudding, beans, fried tomato and chips. Served with toast or soda bread. Tea/ coffee. €7.95

Mini Sheridan... one egg, bacon,sausages and chips Served with toast or soda bread. Tea/coffee. €6.95

Omelette with ham mushrooms and cheese. Served with chips Tea/coffee. *(veggie option also)* €7.95

(v) **Scrambled Eggs on toast.** Served with tea/coffee €6.95

Scones or Toast served with Tea/coffee €3.50

Starters - Mar thús

Fresh Atlantic Seafood Chowder, served with soda bread. €5.75

(v) **Chef's Homemade Soup of the Day**, served with soda bread. €4.50

Spicy Chicken Wings, served with a Garlic Mayo. €6.75

(g) **Potato skins** topped with crispy bacon, scallions and melted cheddar cheese served with sour cream and salad garnish. €6.75

Large Salads - Sailéid Mhóra

Chicken Caesar Salad, tender chicken fillet, crispy bacon, croutons, tossed in our house dressing, parmesan shavings. €8.95

(g) **Warm Potato, Chorizo, Baby Spinach Salad**, drizzled with a fresh herb dressing. €8.95

(v) **Vegetarian platter**, with balsamic grilled vegetables, lentils, hummus served with a mixed leaf salad and crispy tortilla bread. €8.95

Sandwiches - Ceapairí

Toms Triple Decker Club Sambo, chicken, crispy bacon, tomato, lettuce, and mayo. €7.50

Chicken Fajita Wrap, peppers, onion, salsa, chicken, cheese, served with salad €8.50

Tuna Melt, chunks of Tuna, Mozzarella cheese, spring onions and lemon mayo, wrapped in a flour tortilla, served with salad €8.50

(v) **Mediterranean Style Bruschetta**, toasted Homemade Breads, topped with fresh tomato, basil and garlic, garnished rocket salad. €7.50

(v) **Spicy lentil, humus and spinach wrap** served with salad. €7.50

Selection of Hand cut Sandwiches, Ham, Cheese or Chicken, with Tomato, Onion, Lettuce, Butter or Mayo on brown or white sliced bread. €5.25

Add a bowl of homemade soup or chips to any sambo above for an extra €2.00

(v) Vegetarian (g) Gluten Free

Today's Specials - Miasanna Speisialta an Lae

Pasta's - Pasta

Tagliatelle alla Carbonara, served with Garlic Bread. €9.95

Homemade Italian lasagne, layers of pasta with 100% Irish beef with Béchamel Sauce and parmesan cheese served with a crisp garden salad. €10.50

(v) **Ricotta and Spinach Tortellini**, tossed in a goats cheese, red pepper and basil cream. €10.50

Main Courses - Príomhchúrsaí

8oz Grilled Homemade Burger, 100% Irish Beef served with chunky Fries, crispy onion rings glazed with pepper sauce. €10.95

Breaded Supreme of Chicken, served with a smoky bacon and mushroom cream sauce, on a bed of creamed potato served with salad. €10.95

(g) **Tom's Fisherman's Pie**, with chunks of smoked haddock and chunky vegetables in a cream tarragon sauce topped with potato gratin served with garlic bread and salad. €10.95

Fish n' Chips, filled of Cod in a light beer batter, served with homemade chunky fries and pea puree. €10.95

Open Steak Sambo, 100% Irish Beef grilled minute steak, topped with sautéed onions and mushrooms, served with chunky fries €11.45

Side Orders - Ar an Taobh

Garlic Bread €4.45

Garlic Bread with Cheese €4.95

French Fries €2.95

Garden Salad €3.50

Selection of Vegetables €3.50

Potato of the Day €2.50

Desserts - Milseoga

Homemade Apple Pie, with cream. €5.25

Selection of Ice Creams. €4.50

Chocolate fudge cake. €5.25

Homemade Cheesecake of the day €5.25

Please ask your waiter/waitress

